- Any theft, property damage or related issue will be the responsibility of the legal guardian/adult supervisor of the minor.
- The Marsh Foundation is a tobacco-free campus.
- Use or possession of alcohol, illegal and inappropriate use of legal drugs is not allowed on Marsh Foundation property.
- Prescription medication brought into The Marsh Foundation Clinical Services must be kept on that person, taken as prescribed, and not dispensed to others. Law enforcement may be contacted for discovery of suspected, illegal substances brought into Clinical Services. Alcohol, brought onto the premises, will be disposed of appropriately.
- No weapons of any kind are permitted on agency property. This means, only law enforcement officers in the performance of their duties are permitted to possess or carry firearms or weapons. Weapons brought onto The Marsh Foundation property in violation of this policy will be turned over to law enforcement for disposition.
- Law enforcement may be notified of physical aggression or verbally threatening behavior.

#### Treatment Benefits/Risks

- The benefits to treatment may include improved functioning in your life and symptom reduction.
- Treatment risks may include experiencing negative feelings and emotions, which result from discussing the difficult situations and life experiences that led to you seeking treatment. We will continue to help you process through any negative feelings and emotions, and provide you with skills to better cope with those feelings or emotions in the future.
- In the event you begin showing the risk of aggression and/or assaultive behaviors we will develop a safety plan to help decrease or minimize the potential risk to yourself or others. This plan may include contacting a crisis intervention specialist or agency, or law enforcement.

#### Restrictions

You are expected to play an active role in your treatment so that we may help you reach your desired goals and objectives. Declining to participate in treatment may lead to symptom retention or the worsening of symptoms. You may be removed from a treatment session(s) if you have any of the following behaviors:

- Disruptive behaviors that prohibit other's treatment,
- Breaking of group confidentiality

If you are temporarily suspended from receiving group sessions, your assigned counselor will determine what steps need to be completed to remove restrictions. This may include:

- Completion of specialized assignments, or
- Reflecting on the purpose and usefulness of group until you and your therapist agree you are able to return
- Failure to return to treatment may result in termination of some or all services, and you may be reassessed by a qualified clinician to determine as to whether services will be reinstated.

All services provided by The Marsh Foundation will be regularly monitored and assessed through the use of consumer surveys. Yearly surveys will be sent to local and referral agencies to determine types and priority of services to meet the needs of the community and youths served at The Marsh Foundation.

# Clinical Services Program Description

## The mission of The Marsh Foundation is to inspire hope, to teach and to care for children and families.

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The Marsh Foundation provides today's at-risk children and their families with compassionate, effective care. It is our belief that children are best served in a home-like setting that emphasizes personalized interactions, close supervision and comprehensive professional support. In this type of environment, children benefit from the guidance of caring professionals who know them not merely as youths, but as unique individuals with specific strengths, challenges, fears and aspirations. Growth and development are encouraged in ways that interest the youth. Responding to the wishes of benefactors, Mr and Mrs George H. Marsh and their daughter, Katie, The Marsh Foundation will continue to increase the variety and quality of services provided to Northwest Ohio and beyond.

The Marsh Foundation's primary goal is to help children and families reunite, and to facilitate lasting relationships with family, care givers and other significant people. Children and families will be given the opportunity to acquire the skills necessary to form and maintain relationships and to achieve both academically and vocationally.

#### Services:

The Marsh Foundation provides an array of clinical services including group and individual counseling, as well as independent living, and social skills services. Each youth will begin with a diagnostic assessment in which a licensed clinician will conduct a face-to-face interview to determine strengths, needs, abilities and preferences of the person. Then the counselor and the youth will work together to develop an Individual Service Plan (ISP). Youth preference and input is crucial to developing an effective plan. The ISP includes goals, objectives, therapeutic interventions and a projection of the length of treatment. Next, clinical workers assigned to the case will assist group home staff in developing a behavior plan which will be utilized by the group home staff, (Family Teachers).

The Marsh Foundation provides treatment, using a trauma informed approach, for children and adolescents who suffer from moderate to serious behavioral and emotional difficulties. These children may demonstrate or have demonstrated in the past, one or more of the following.

- Episodes of aggressive or other antisocial behavior requiring considerable supervision
- Refusal to attend school, to take medication or to comply with authority figures
- Suicidal preoccupation or rumination
- Unwillingness to participate in self-care activities
- Impairment related anxiety or depression
- Serious relationship impairment

The Marsh Foundation offers juvenile sex offender treatment including psychosexual assessments and specialized counseling for males ages 10 to 18. Youths participate in 1-4 groups weekly. Groups address issues such as, complete and honest disclosure regarding offence history, empathy as it relates to sexual crimes and day to day living, relapse prevention methods, and socialization. The Marsh Foundation counselors also specialize in reactive attachment disorder, and dual diagnosis (intellectual disabilities and mental health).

#### Setting:

Our services are provided in a friendly, comfortable office setting. Clinical Services is located on the second floor of the Administration building, near the center of a campus setting. A handicap ramp to the main floor is available on the east side of the building. Arrangements may be made to provide clinical services on the main floor for any individual who is unable to utilize the stairs.

#### Admission Criteria:

The Marsh Foundation Clinical Services typically provides treatment for youth:

- Who are between the ages of 5 and under 18 years of age
- Who suffer from moderate to serious behavioral and emotional difficulties at home, in school and/or in their community.
- Who are in the custody of their parents, legal guardians, court or other agencies.
- May have an I.Q. of 70 or above (lower I.Q. may be accepted based on the assessor's recommendation).
- Who are willing to fully participate in all aspects of the program

These youth may also demonstrate or have demonstrated in the past, one or more of the following:

- Episodes of aggressive or other antisocial behavior requiring considerable supervision
- Refusal to attend school or have difficulties in a school setting
- Refusal to comply with authority figures
- Suicidal preoccupation or rumination
- Unwillingness to participate in self-care activities
- Impairment related anxiety or depression
- Serious relationship impairment

#### Exclusionary Criteria:

- Shows an ongoing history of severe physical aggression toward themselves, others or property distruction which would place others at severe risk
- Has ongoing substance abuse problems that merit inpatient treatment until such treatment has been completed
- does not meet the criteria above.

#### Transition:

A youth may transition to less intensive treatment when they show improvement in function and/or identified problem areas. Youths who have substance abuse problems and/or a serious eating disorder may be referred to another agency for specialized treatment.

#### Discharge criteria:

Youths will be discharged from clinical services when:

- goals and/or objectives have been met, behaviors have been stabilized, and/or a reduction in symptoms.
- youth or legal guardian no longer wishes to receive services through The Marsh Foundation
- the youth is physically aggressive toward themselves, others or property which would continually place others at severe risk

• the youth refuses to work on their individualized treatment program and/or poor compliance with program or services.

#### Hours of Operation:

- Monday through Friday 9:00 a.m. to 5:00 p.m.
- Evenings and weekends when needed.

#### Referral Sources:

The Marsh Foundation Clinical Services accepts referrals from, but not limited to, the following sources: parents, Juvenile Courts, Job and Family Services, Family and Children First agencies, etc.

### Referrals: Call 419.238.KIDS or 419.238.1695 ext. 360 for an appointment

#### Financial Obligations/Fees:

The Marsh Foundation may receive payment for services from, but not limited to; private insurance, Medicaid, private pay, or courts.

The usual and customary hourly charges for services are:

- Assessment \$200.00
- Individual Counseling \$120.00
- Group Counseling \$50.00
- Community Psychiatric Support \$80.00
- Group Community Psychiatric Support \$50.00

The Marsh Foundation will bill private insurance and/or Medicaid. If you do not have insurance or Medicaid, arrangements will be made for direct payment. If your insurance carrier pays claims directly to you, the insured, you are expected to reimburse The Marsh Foundation the claim amount without exception. Failure to do so is a crime of theft by deception.

Consumers who fail to provide the necessary financial information (signed insurance forms, a valid Medicaid card, proof of income) within five business days of their initial appointment will be personally responsible for full payment for the cost of services. Should your income status or insurance coverage change during treatment you must notify The Marsh Foundation Clinical Services Division and provide written documentation of such change.

#### Program Policies/Rules:

- Youth(s) must be under the direct supervision of the Parent, legal guardian or other responsible adult at all times while on Marsh Foundation property, prior to and immediately after counseling sessions. Minor youths are not to be dropped off unsupervised.
- A parent, legal guardian or other responsible adult will be available during counseling sessions unless other plans have been made with the youth's counselor.
- Any child not receiving services should stay in the waiting area and be supervised at all times. At no time should children be allowed out of sight of the responsible adult either inside or outside the building. Unsupervised or unruly non-youth minors will be asked to leave immediately and/or reported to local authorities.